



Instructions for Creating Research Poster in Canva

1. Open the template

- Click on the link to the Canva templates: [TEMPLATES FOR CONFERENCE POSTERS_2025 - A4 \(Landscape\)](#)
- The templates will open in your browser.

2. Make a copy of the template

- Do **not** edit the original file.
- In the top right corner, click **“Make a copy”**
- A new copy will open in your own Canva account.

3. Add your information

4. Choose the one template from the file.

- Replace the example text in the template with your own research content.
- Insert your title, author(s), introduction, methods, results, and conclusion in the correct sections.
- You may add images, graphs, or other visuals if needed.

5. Adjust the design

- Keep the general structure of the template, but feel free to adjust colors, fonts, or layouts to fit your project.
- Make sure your poster looks clear, professional, and easy to read.

6. Save and share your poster

- When you are finished, click **“Share”** in the top right corner.
- Choose **Download** (PDF or PNG format is recommended).
- Send your finished poster to conference@va.lv by **October 8**